

# **PROVIDENCE** Health Plans

# Pharmacy Tips

To make the most of your prescription drug coverage, start with the basics.

## **Choose generic**

Tell your provider that cost matters to you. Making the switch from brand to generic medication can save you money.

#### **Be informed**

Knowledge is power. Visit us online to access resources including:

- Your benefit summary
- Generic drug facts
- Generic drug options for common medical conditions
- Coupons for free first-fill medications
- Answers to frequently asked questions
- The Providence formulary
- Articles
- Forms

#### Show your card

Present your Providence Health Plan member ID card when filling a prescription.

#### Save a trip

Medications taken on a regular basis to control a chronic condition are called maintenance medications. If you take a maintenance medication, you may purchase up to a 90-day supply of that medication at one time through a preferred or a mail-order pharmacy. Local preferred pharmacies include, but are not limited to:

- Albertsons/Sav-on
- Costco
- Fred Meyer/Kroger/QFC
- Safeway
- Walgreens

Visit us online for the most up-to-date and complete list of preferred pharmacies.

Prescriptions filled by a mail-order pharmacy can be sent to your home, office or other preferred U.S. address. You may choose from the following mail-order vendors:

- Postal Prescriptions Services
- Walgreens Mail Service
- Wellpartner

For more information, including how to initiate your mail-order prescription drug service, visit us online.

The member copay for a 90-day supply of medication varies; please refer to your benefit summary.

#### Use a participating pharmacy

Fill your prescriptions at one of more than 25,000 participating pharmacies nationwide. Use the provider directory, available online, to locate a pharmacy near you.

## Visit us online at www.ProvidenceHealthPlan.com/pharmacy.

Please note: Some of our benefit options do not include prescription drug coverage. Please refer to your member materials or contact your employer for details.

